

Mother's Corner

By: Mother Mary Michael



Dear Friends and Benefactors,

Along with the lovely weather, summer brings many blessings for our Residents. Our Kitchen Staff has gotten into the summer spirit by creating new menus for our Residents that meet their nutritional needs and incorporate the season's fresh and healthy summer fruits and vegetables. Our Activities Staff is taking full advantage of the warmth and sunshine by planning a variety of outdoor events and activities, which have so far included everything from barbeques and celebrations like Flag Day, to painting with Sister Constance en plein air – painting outdoors in the air and natural light.

As I walk through the home I am continually touched by the loving attention shown our dear Residents by a variety of people. They are supported by our faithful volunteers, benefactors, employees and Little Sisters, each person carrying forward the loving spirit and Charism of Saint Jeanne Jugan. This year marks the 150th anniversary of the arrival of the first Little Sisters who brought our charism to the United States.

We are looking forward to celebrating Sr. Jeanne Veronique's 25th Jubilee on July 31. She has been our collecting Little Sister for over 6 years here in Washington.

We are thankful to all our friends and benefactors for their generous donations and their precious time. It is with their support that we have been able to care for the elderly poor in our nation's capital for 147 years, a mission we are committed to carrying out for many years to come!

We pray for our country and peace throughout the world.

I wish you many blessings and safe travels this summer, and assure you of our prayers for you and your intentions.

LITTLE SISTERS OF THE POOR

Visit us at www.littlesistersofthepoorwashingtondc.org

The Need Continues Planned Giving

Bequests have been one of the most meaningful sources of funds for the ministry of the Little Sisters of the Poor. Through the advanced planning and generosity of others, we have been blessed to continue working with the elderly.

You can help ensure our future by planning a special gift — create a trust while you are living, make a simple bequest to the Little Sisters of the Poor in your will, or name the Little Sisters as the beneficiary of your life insurance or retirement plan.

Funds generated through planned gifts are devoted to current funding needs as well as capital projects. In fact, we rely on legacy gifts, which often arrive just in time to pay unexpected expenses that are outside our regular budget.

For details please contact Heather Cave our director of development at 202-269-1831 or devwashington@littlesistersofthepoor.org.

Please let us know if you plan a gift or make a provision for us in your estate plan.

Thank you for helping us help others!



It might interest you to know the power of your donations, for instance:

- \$500 essential influenza and pneumococcal vaccines for four elderly poor persons
- \$300 a night of "safe shelter" on our nursing unit for a frail Resident
- \$250 a twin mattress or wheelchair for a needy aged person
- \$50 a case of adult incontinent briefs
- \$10 a twin sheet set or essential groceries (milk, egg whites, bread, peanut butter)

Upcoming Events

Summer Sweepstakes

June 28 - August 29

The sweep runs June 28 thru August 29 — drawing August 31. All money raised goes to our Fuel Fund to keep our Residents cool and comfortable.

Join Us For Our Mother Foundress' Feast Day

August 30

On a cold winter's day in 1839, Jeanne Jugan, welcomed an elderly destitute, blind woman into her home. Jeanne gave Anne Chauvin her bed, a "home," where meals were shared, joys multiplied and sorrows divided. Please join us as we unite in prayer to offer our gratitude for the life and example of Saint Jeanne Jugan. We will gather in our chapel to celebrate Jeanne's gesture of loving hospitality.

150 Years In America Little Sisters Sesquicentennial

August 30, 2018 - August 2019

On August 30th, the feast of Saint Jeanne Jugan, we will inaugurate the sesquicentennial of the Little Sisters' presence in America. Stay tuned for more details!

Combined Federal Campaign

September 1 - December 15

Remember you can support our mission to care for the needy aged by designating the Little Sisters of the Poor, #53116, in your workplace giving. Federal workers, retirees, and government contractors are eligible to donate through the CFC.





LITTLE SISTERS OF THE POOR

Serving the elderly poor in Washington, D.C. since 1871.

August 2018
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JEANNE JUGAN RESIDENCE
4200 Harewood Road, NE
Washington, DC 20017



JEANNE JUGAN RESIDENCE



SAVE THE DATE

Summer Sweepstakes
June 28 – August 29

St. Jeanne Jugan's Feast Day
August 30

Sesquicentennial
August 30, 2018 – August 2019

Combined Federal Campaign
September 1 – December 15

From A Humble Heart A Great Wave Of Charity

Little Sisters of the Poor 150 Years in America

When the first group of seven Little Sisters of the Poor arrived in America in 1868, they confronted a post-Civil War country torn by bitter political divides, strong opposition to waves of immigrants fleeing famine and violence, a racist backlash that had spawned the Ku Klux Klan, and virtually no refuge for the elderly who had outlived their usefulness in a growing industrial economy.

This year marks the 150th anniversary of that daunting beginning in America. As we face today's conflicts over politics, immigration and race — while serving an ever swelling number of elderly poor — we celebrate and find inspiration in the courage and success of our humble but courageous pioneers.

Although the Sisters who first arrived in New York had little knowledge of Jeanne Jugan, who had been hidden away at the motherhouse years earlier, they followed the ideals she established.

The new community in Brooklyn received their first donation, a \$20 gift from a Father Isaac Hecker, founder of the Paulist Fathers, on their second day in this country. Five days later, they welcomed their first Resident in their new home.

The Sisters quietly but steadfastly defied the sentiments of the time, embracing the elderly poor of all races, religions and nationalities, once again following the path of Jeanne Jugan in her universal spirit.

Within four years, the Little Sisters had established homes in 13 cities, from Boston to St. Louis, to New Orleans, responding to urgent calls from both clergy and citizens for a caring alternative to the poor houses of the day.

The Congregation's expansion in a new country was made possible by the goodness of the public who embraced them, and their unflinching confidence in Divine Providence.



In 1871, seven Little Sisters, at the request of Reverend Jacob Walter, pastor of St. Patrick's Church, sailed from Europe to the USA to bring their mission to our city.

One year later they built a home [top] for their Residents on H Street, near the Capitol. Can you spot First Lady Eleanor Roosevelt?

From the moment they arrived the Little Sisters began caring for this city's elderly poor. In the photos above, circa 1939/1941, the Sisters pose for photos during meal time in the womens' and mens' dining rooms.



Tulips, Mary Beth and Susan, share a joyful moment with Sr. Jeanne Veronique, while presenting a check from the Mother of Grace Sodality to help us care for this city's aged poor.



Carmel Kang, one of our Jeanne Jugan Associates (AJJ), selects her favorite savory and sweet treats from the buffet tables' cornucopia of offerings.



LSP COMMUNITY NEWS

250 Years Of Vows

Little Sisters from our homes around the Baltimore province joined Mother Provincial Loraine Marie Clare and Mother Mary Michael, our Superior, at our home on May 11 for a Collegial Jubilee Celebration of six Little Sisters.

50th Anniversary
Mother Mary Sylvia of the Trinity
Sister Lawrence Mary of Jesus
Mother Judith Mary of St. Paul
Sister Majella of Jesus

25th Anniversary
****Sister Jeanne Veronique***
Sister Frances Catherine

We had a beautiful day for the celebration. Reverend Christophe Pierre, Apostolic Nuncio, was the principal celebrant for the Mass held at the Saint John Paul II National Shrine.

*In July, we will celebrate Sr. Jeanne Veronique's 25th Jubilee. She has been in vows for 25 years faithfully bearing witness to Jesus Christ and His Church.

Saint Jeanne Jugan founded the future of her work on an evangelical challenge to live from day to day, never amassing goods or money, refusing perpetual endowments, placing all one's confidence in Providence. She traveled the roads on food seeking alms, food clothing and other items essential to the home.

As our begging Little Sister, Sr. Jeanne Veronique carries on this 179 year-old tradition of begging for all the needs of our home.

All are invited to pray for these dedicated consecrated religious.

Raising Friends and Funds...

One Cup of Tea at a Time

Our 13th annual "friend raising" event, Tea & Tulips, held in Chevy Chase, MD raised more than \$35,000 (net). Five Little Sisters and more than 290 friends of our Congregation attended the Tea, held at Columbia Country Club. "This was a record breaking year for us, we raised more money than ever before," said committee chair Genevieve Murphy.

Our guests enjoyed a lovely afternoon with friends, sipping wine and hot tea, and partaking of an amazingly delicious buffet filled with everything from savory sandwiches like smoked turkey with raspberry mayonnaise and country ham petite biscuits with apple relish, to sweet treats like fruit tarts, chocolate napoleons, and fresh strawberries with whipped cream.

This year the awareness committee (Tulips) and some dear friends of the Little Sisters generously donated 18 different themed baskets, filled with everything from fine wine, plush pashminas, and designer clothing, to a luxury handbag, and French cookware to raffle during the Tea.

The Tulips "just outdid themselves this year," said Mother Mary Michael, "everything was so elegant and the baskets for the raffle generated so much excitement among our guests."

The Little Sisters are blessed to have such wonderful friends to help them provide a safe and comfortable home, quality healthcare and nutritious meals, and enriching activities to one of society's most vulnerable groups, the aged poor.

All of the funds raised — including those given in memory of James Daniel (JD) Murphy, Jr. — support our mission to care for this city's needy aged.

A special thank you to the awareness committee and our dear friends who helped to make this year's Tea a huge success.

Tea & Tulips Awareness Committee: Ellen Conley, Ellen Cullen, Mary Beth Donnelly, Aimee Dominick, Patti Farrell, Susan Gorman, Nancy Itteilag Donnelly, Cathie Lively, Genevieve Murphy and Suzie Squier

Friends: A. Dominick Events, Brian Bonita Custom Floral, Joanne Guiniven, Mary Beth Wood and Mary Beth Wood Designs, Darcy Jennings, Polly Sturm and Etcetera Fashion, Alyssa Crilley (In Remembrance of Jennifer Duffy, a Founding Member of Tea & Tulips), Jill McNamara and Mostly Monogram, Gretchen Gordon and Print 1, and Cheryl Murphy Marocco and the Murphy "Sisters."

Join us for our 14th Annual Tea & Tulips April 7, 2019! To receive an invitation call Crista Laxamana 202-269-1831.

Coming to America

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Relying on their local community, each new home supported itself. The Sisters' fundraising efforts were, however, complicated by the fact that in many homes none of them spoke English, and all of them were unfamiliar with the culture of their new home. Sometimes local circumstances posed special challenges as well. For example, the Sisters in Boston found themselves unprepared for the harsh New England winter; and just weeks after opening the home in Pittsburgh, two young Sisters in the community there succumbed to Typhoid fever.

In 1871, the Little Sisters accepted the invitation of Reverend Jacob Walter, pastor of St. Patrick's Church in Washington, D.C., and to bring their mission of hospitality to our city. After getting started in an existing building in St. Patrick's parish, they built a large new home for their Residents at 220 H Street, near the Capitol.

The celebration of our sesquicentennial begins August 30. Each home will celebrate this milestone in a unique way in the coming year. The homes that were actually founded in 1868 and 1869 will celebrate with large-scale liturgies in public venues, enabling them to include as many participants as possible.

Our foundress, Saint Jeanne Jugan often exclaimed in gratitude, "our benefactors — where would we be without them?"

The same sentiment fills our hearts today as we thank God for the goodness of so many people who support our mission to care for the aged poor.

Other homes will hold smaller, at-home festivities with the Little Sisters, Residents, staff and friends of the home.

An important part of this historic anniversary for our homes across the country will be an outreach to young people. Special events and activities are being planned to encourage them to interact with our Residents, to listen and learn from them. We hope that this will help them understand and share Jeanne Jugan's vision of a more humane, loving society.

Among those they might learn from is Corinthia Johnson, one of our newest Residents here at Jeanne Jugan Residence. "The Little Sisters have exceeded my expectations," said Corinthia. "From the moment I applied through my acceptance, I have been treated with the utmost kindness and respect and I feel very comfortable here. I feel the essence and beauty of the Little Sisters of the Poor is serving and loving people."

For young women, our hope is that they will discover the joy of serving

the elderly and making a difference, the happiness that our Little Sisters have found in belonging to the Lord and following the way of the Beatitudes!

As we reflect on our history in Washington, it's gratifying to see how we have evolved and expanded in myriad ways: from a horse-drawn begging wagon to today's spacious "begging van," and from our expansive building on H Street to our current beautiful campus, where we offer a range of services, from activities and apartments for independent seniors to nursing units for those requiring a higher level of care.

Of course, our history of success in Washington is based on the generosity of the community here. We are forever grateful for your continued support.

We will keep you informed of our local activities honoring the Little Sisters' 150 years in America. And in 2021, we hope you will join us in joyful celebration and praise to the Lord as we mark our own 150th anniversary!



Photos from our home on H Street in 1958. The Little Sisters assist the elderly poor Residents as they gather, the ladies to enjoy the sun [left] and the men to talk, smoke and read the newspaper [right]

The Blessing of 100 Years of Life...



Elizabeth [left] and Anne [right] join the staff, volunteers, Residents and Sisters gathered outdoors around the flagpole to celebrate the 241st anniversary of the American Flag June 14. We raised our voices, during the flag-raising ceremony, to sing the Star Spangled Banner. Everyone had a yankee-doodle time waving flags, reciting the Pledge of Allegiance, and joining in a patriotic sing-along. Resounding applause and shouts of "thank you" followed Ray Charles' classic version of America the Beautiful. America, sweet America...

We are so blessed to celebrate the 100th birthdays of Elizabeth Jackson (September) and Anne Sparich (November) as they are soon to join fellow centenarian Kathleen Franc (102) in this exclusive club.

Elizabeth Jackson was born at the now defunct Columbia Hospital for Women in D.C. As an only child, Elizabeth said, "I have no brothers or sisters, but lots of friends and cousins, and they had lots of children, and their children had children, so I have a large family, plus two grandchildren of my own."

Elizabeth worked for many years as a cook at a Hot Shoppes in Fairfax, Virginia. Hot Shoppes, for those who aren't long-time Washingtonians, was a chain of 70 family-style restaurants well-known for its Orange Freeze milkshake, Mighty Mo burger, and enormous buffet bar. Elizabeth worked there at a time when these favorites were about 55 cents and 35 cents respectively. "Elizabeth is such a delight and has such a charming way about her," said our director of admissions and social worker Cindy Finelli, "she is always singing, and so much fun to talk to, she says the cutest things."

Our other soon-to-be centenarian, Anne Sparich, was born at her family's modest three-bedroom home in Nesquehoning, PA. "Nobody went to the hospital then," says Anne, who is one of 11 brothers and sisters. She grew up in the mountains living a "country life" where she enjoyed roller skating and swimming at the public pool just a short walk from her home. "My mother grew all of our vegetables and was so cute," said Anne. "Isn't she cute," she asked reaching for and showing me her mom and dad's wedding photo. "That's my dad, he was a musician back in Italy, but when he came here he couldn't find work, so he had to take a job as a coal miner, but he still played his accordion at our church." Anne's family later moved to Philadelphia, where she got her first job sewing piece-work in a factory during World War II.

Anne began to call Jeanne Jugan Residence "home" in 2000. Having cared for the chapel of the Carmelite Monastery in Flemington, New Jersey for 44 years prior to retiring, she was delighted to be asked to be an assistant sacristan by the Little Sisters. She held this position for 17 years until it became "too difficult" last year. As a 3rd Order

Here's a Look at Historic Happenings that Resonated 100 Years Ago in 1918

- *One dollar equals about \$16 now, based on inflation.*
- *In U.S. history, President Woodrow Wilson becomes the first president to travel to Europe while serving as president, when he attended the Versailles Peace Conference in France. Also, daylight savings time is enacted.*
- *In world affairs, the year saw the armistice signed, signaling an end to the First World War, and the formation of Yugoslavia.*
- *Some famous people were born that you might recognize; director Ingmar Bergman, composer Leonard Bernstein, actor Art Carney, musician Ray Charles, First Lady Betty Ford, dancer-actress-pinup girl Rita Hayworth, advice columnist Ann Landers, South African leader Nelson Mandela, newsman Mike Wallace ("60 Minutes"), businessman Sam Walton (Wal-Mart founder), and evangelist Billy Graham.*
- *In entertainment "Tarzan of the Apes," the first of the Tarzan films, is released. And famed tenor Enrico Caruso released a recording of Over There, George Cohan's song, which he had published a year earlier.*

Carmelite, Anne confided to a Little Sister that she was "very honored to be entrusted with working in the chapel," which she saw as an extension of her life of prayer. Lay Carmelites, seek to live their own vocation by silently listening to the Word of God. According to the constant tradition of Carmel, they will especially cultivate prayer in all its forms.

From their born-in-1918 perspective, much has changed, what hasn't changed is Anne's devotion to the chapel and to a life of prayer, and Elizabeth's love of music, especially the song which she is often heard singing, Oh Happy Day, written by Edwin Hawkins. To borrow a few words from this song: He washed my sins away (oh happy day), Oh happy day (oh happy day), He taught me how to watch, fight and pray, fight and pray, And live rejoicing every, everyday, Oh happy day!

Live-In Service Program

Hospitality Interns Experience Service to the Elderly Poor

Among the many blessings of summer — the sunshine, warm weather, and outings — come additional gifts in the person of our summer hospitality interns.

This year's interns, Ingrid Beers, a 20-year old junior at Thomas Aquinas College, Cecilia Davidson, also 20-years old and a junior at the same college located in Santa Paula, California, together with Anastasia Pierce, a 20-year old junior at Aiken Technical College in Graniteville, South Carolina, arrived in May to begin the six-week program.

Collectively the hospitality interns' duties include everything from assisting in the kitchen, serving

meals, and cleaning the dining room, to assisting with therapeutic activities, helping with Resident transport around the house, providing companionship, and helping with our Music and Memory program.

"My favorite duty was helping with Music and Memory," said Ingrid. The program uses a Residents' favorite music-playlist loaded onto an iPod, and the music-memory connection, to alleviate the symptoms of Alzheimer's disease and other cognitive and physical challenges. "But mostly," she continued, "I just loved spending time with the Residents."

Our live-in service program is an opportunity for single, college-age



In the photos above, our Hospitality Interns lend a helping hand with a variety of tasks. Anastasia and Cecilia pose for a photo, while serving the afternoon meal [left]. Cecilia and Ingrid assist Residents [right] during a painting class with Sister Constance held outdoors on the patio. Ingrid spends time with Mary [center] helping to paint a leaf.

Catholic women to experience service to the elderly poor, prayer and the community life of the Little Sisters of the Poor over an extended period of time. Summer placements are possible in many of our U.S. homes. For those women wishing to commit to at least 6 weeks of service, paid positions are possible.

"It was such a wonderful experience," said Cecilia, "a great way to get a feel for the congregation, and to interact with and learn from the Residents. It was an incredibly rewarding and spiritual experience. I would definitely recommend it for everyone's summer."

For more information on this program, email serenity@littlesistersofthepoor.org.



Senior Crimestoppers Comes to the Jeanne Jugan Residence

Residents Learning to Fight Scams Targeting Senior Citizens

Dozens of Residents and staff gathered to participate in a free educational program, Senior Crimestoppers, with the intent to learn proactive measures to avoid becoming victims of financial scams. Through its partnership with CRA Partners, Bank of Labor is funding the program here at the Jeanne Jugan Residence.

In addition to providing ongoing education about avoiding scams, the program offers cash rewards of up to \$1,000 for anonymous information about wrongdoing of any kind and is providing personal lockboxes for each Resident.

Sr. Alphonse Marie, our administrator, accepted a \$250 grant and a plaque presented by the Bank of Labor to commemorate the program launch saying, "Thank you so much for this grant, we will use this money to fund a

nice project for our Residents."

"Bank of Labor is committed to protecting people against potential scams and other financial crimes that can lead to heartache," said Bridget Martin, Bank of Labor SVP Labor Market Development in presenting the plaque and check. "Society has had a longstanding battle fighting crimes against the elderly," said Martin "and with our Senior Crimestoppers' Program we will work to reduce and prevent this threat. Our goal is to ensure our senior community members are safe and empowered to not only avoid becoming scam victims, but also to be proactive crime fighters. We look forward to continuing the program here and to expanding it throughout the DC-area."

According to the MetLife Mature Market institute, each year more than



2-million senior citizens nationwide become victims of financial scam. The financial impact is estimated at about \$2.9 billion.

Senior Crimestoppers is administered by the Senior Housing Crime Prevention Foundation and is a nationwide crime prevention program that has reduced all aspects of crime in similar participating facilities — nursing homes, assisted living communities, independent living communities, HUD communities and veterans' homes.